You can use the FeverPAIN scoring system for sore throat from this link.

**PHE antibiotic guidance** suggests you use the FeverPAIN score to guide antibiotic use in acute sore throat:

- **Score 0-1:** 13-18% streptococci, use NO antibiotic strategy;
- **Score 2-3:** 34-40% streptococci, use 3 day back-up antibiotic;
- **4 or more:** 62-65% streptococci, use immediate antibiotic if severe, or 48hr short back-up prescription.

In a **UK study** the FeverPAIN score reduced antibiotic use by 29% (60/161, 37%) compared to a delayed antibiotic strategy (75/164, 46%), and the score was similar to using a Rapid Antigen Detection test for Group A streptococcus (58/164, 35%). Belief in antibiotics, and reconsultation were similar in the 3 groups.

The score was developed in a large cohort of UK General practice patients aged 5 years and over: As you can see 17% of patients with acute sore throat had a FeverPAIN score of 4 or over, and of these 62% had a Group A,C,or G streptococcus. In contrast 38% had a score of ≤1 and only 11-14% had streptococcus, which is similar to UK carriage rates.